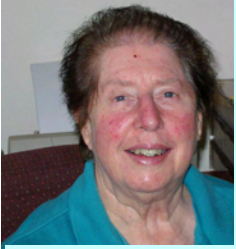


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## Sr. Frances Flint Founder



One of the great blessings that has come from the Hospice project is the contribution of each volunteer in just being the person that she/he is.

A shining example of this has been Gloria Phelan who just days ago left this life and also a great legacy of dedication, love, of unselfish, generous service.

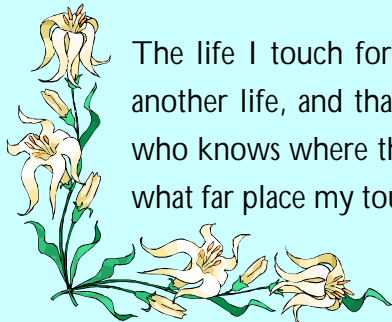


As well as working on the Admission desk she also helped with hospitality at our regular Remembrance Services. She never failed to impress me with her kindness especially to the elderly, and those with an obvious physical difficulty.

Nothing was ever a problem to her. She noticed peoplesø needs and just responded with great sensitivity and kindness. I never heard an unkind word from her. She was ever the gentle patient non-judgemental lady. She has left us with wonderful memories and a tremendous example to follow.

Our sympathy is extended to her husband, Bruce, to her family and her nieces, all of whom she spoke about with sincere affection. She will long be remembered by the people whose lives she gently touched.

*Sr Frances Flint CSB, OAM*



The life I touch for good or ill will touch another life, and that in turn another, until who knows where the trembling stops or in what far place my touch will be felt.

Frederick Buechner

## Volunteer Coordinator Kerrie Moore



First of all, a great big Thank you! to all who helped with the MothersqDay gift wrapping at Clifford Gardens and Myer.

Volunteer group meetings are on Thursday 21<sup>st</sup> and Friday 22<sup>nd</sup> May. See the Reception desk for details of times. Come and tell us how we can do it better . or just come!

Welcome to our new volunteers . Shelly & Gladys, and a reminder to all volunteers . If you are unable to do your shift please let me know as soon as possible! Currently we need help with housekeeping and the evening meal. If you can help in either area, please contact me.

I am thinking of starting a list of those volunteers who could cover a position in an emergency. If you would like to be included, please contact me and indicate the times you might be available.

The next Orientation session will be on Friday 25th May. If you know of anyone who would like to join us, please encourage them to enrol.

Join in the Free Dress fun and come along to the morning tea as noted on the insert in this newsletter. Dress as a horse, a hooligan, a handbag or a harpie, or just come!

The Craft stall will be at the Trackside Markets on 7<sup>th</sup> June. Hopefully the weather will be a little warmer!

And finally, an enormous Thank you to the volunteers (pictured below) who provided the Big Morning Tea for Joyce Buckley's function last week. Magnificent food and great service!

Thanks for all your great help!  
Kerrie





L to R : Judy Jackson, Brian Jones, Margaret Robbins, Barbara Green, Desley Moar.

The volunteers who received their service certificates at the Volunteer Week BBQ. Congratulations and thanks to them for their great help!

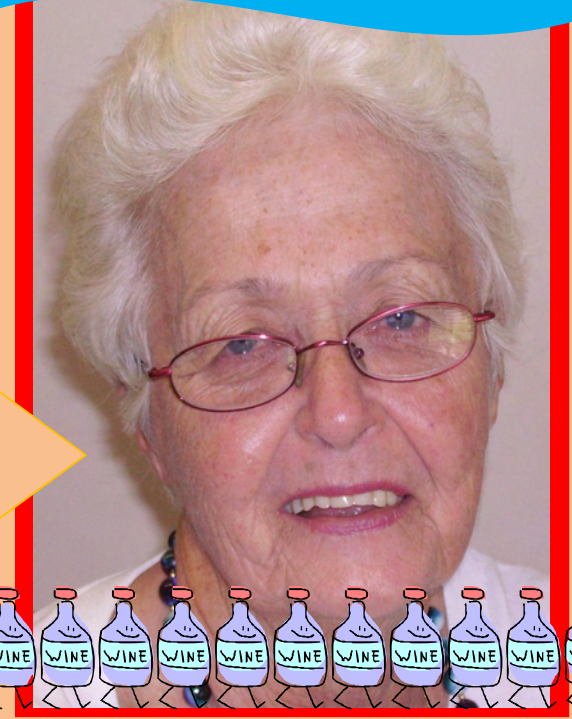


Tom and Irene Lincoln were entertained to morning tea last week and thanked for their long and valuable service.

Congratulations to Gabrielle McGee who won last month's competition, taking away TWO bottles of wine!  
Commiserations to those who tried! But keep your eyes open for the next competition and DON'T MISS THE DEADLINE!

Watch this space for news of the Fashion Fundraiser to be held at the Hospice on Friday 26<sup>th</sup> June.

**Congratulations!**



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Mark Munro



As all of you know, the Toowoomba Hospice is a not-for-profit, community facility, providing palliative and respite care for those with a terminal illness and their families, at **no cost**. Each year the Hospice has to raise in excess of \$1,000,000 of income from the local community to keep these services free. This support comes in many forms including volunteers, fundraising activities and donations.

As part of our ongoing fundraising efforts, the Toowoomba Hospice will be holding its annual Darling Downs **FREE DRESS CHALLENGE** during the months of **May and June 2009**.

The **FREE DRESS CHALLENGE** is aimed at raising the awareness and profile of the Toowoomba Hospice in our local community. Each participating business, club, organisation or school selects a day during the **FREE DRESS CHALLENGE** months in which participants are encouraged to make a donation to the Hospice while wearing free dress. **All monies raised on the day are donated to the Toowoomba Hospice. The group who raises the most money per participant receives a Digital Camera.** To encourage all businesses, clubs, organisations and schools on the Darling Downs to participate, the total monies raised by each group is divided by their total participants/enrolment ensuring a fair chance for all.

To participate in the **FREE DRESS CHALLENGE** we have enclosed an application form and poster. Please email us at [admin.toowoombahospice@bigpond.com](mailto:admin.toowoombahospice@bigpond.com) with your contact details and we will send you further copies if required.

In the lead up to the **FREE DRESS CHALLENGE** promotional posters will be available at no charge for use throughout your business, club, organisation or school to ensure we get the best result for your efforts. Please indicate the number of posters required on the registration form.

I look forward to your support in encouraging businesses, clubs, organisations and schools to help support the Hospice....we can't do it without you!

Our Annual race day is booked for August 15th please see the notice in this newsletter for more information.

Until next month keep putting the **FUN** back into

**FUN**draising! Mark



### Date Claimers:

- **June 2009** Darling Downs Schools Free Dress Challenge to help raise funds for the Toowoomba Hospice
- **18<sup>th</sup> and 19<sup>th</sup> July** Camellia and Winter Flower Show
- **July** Hospice 6<sup>th</sup> Birthday celebrations
- **August 15<sup>th</sup>** Hospice Race Day
- **17<sup>th</sup> October 2009** Launch of TRASH YA HAIR FOR HOSPICE CARE at Wilsonton Shopping Centre
- **October 25<sup>th</sup>** Hospice Bowls Day City Bowls Club sponsored by Irish Hotel



On behalf of the Toowoomba Hospice, Mark Munro receives \$240.00 from Darryl Sanders of Ergon Energy (Substation Design Office) from their Power Aid Program in which they turn their safety points into Dollars for Charity. Thanks to the bright sparks of Ergon Energy!



# News



## Director of Nursing Alicia Trimingham-Turl



I'm afraid the football is off topic – at least for this issue. The Broncos have had a few tough games in recent weeks. Someone said to me after the Manly game: "You can't win against the referee". Ain't that the truth!

It is frightening to see how fast the year is getting by. The cooler weather is certainly with us by now – even Mark Munro is wearing a jacket, so it must be cold. Happy belated Mother's Day to all the beautiful Mums out there. I know I'd be lost without my Mum, especially her Sunday roasts.

This month I thought I'd write about our referral system at the Hospice. One of the questions I am most commonly asked is 'How do people access the Hospice?' Referrals can be taken from families, carers, hospitals, domiciliary nurses, doctors and prospective clients themselves. Each client is required to have their own Medical Practitioner care for them while they are an inpatient at the Hospice. Therefore it is always necessary for a doctor to become involved at some stage during the referral process. The doctors that visit have visiting rights, granted by the Credentials and Clinical Privileges Committee, a small but very supportive group of doctors. Kate, our Clinical Nurse, is here Monday to Wednesday and every second Thursday and one of her main roles is to take referrals and make any necessary follow-up prior to admission. On the other days I take referrals. Obviously there are certain criteria to determine if people are suitable for admission and one must be that they have a life-limiting illness. It is very rewarding to know that we can offer such a quality service to these people and their families, and that our nursing staff is committed to ensuring everyone feels welcome during their stay. Next month I'll tell you a little about our bereavement follow-up service.

As always, a little reminder to all our staff and volunteers. Please ensure you are wearing your closed-in shoes, displaying your name tag and ensuring that all the information you obtain in your daily work at the Hospice remains confidential. Best wishes for the month of May. I will be off on holidays in June and return early July. Kate will capably hold the fort while I am away.

Alicia