

August - September 2019

TOOWOOMBA HOSPICE NEWS



Heritage Bank CEO Peter Lock, Chairman Toowoomba Hospice Graham Barron OAM, Deputy Mayor Cr Carol Taylor, Chairman Toowoomba Camellia Show Kevin Cotterell, Executive Director Studies TAFE Qld South West Jenni Butler officially unveiling the latest Camellia (Ruby Ruffles) at the opening of the Toowoomba Camellia Show 2019



what's on in September
Neil Mansell Transport Charity Race Day
7th September 2019
Clifford Park Racecourse





from the chairman's desk

Graham Barron OAM
Chairman

Welcome to our latest newsletter, and I am sure you are looking forward to Spring. As usual, time continues to pass by at a fast rate and we must embrace all the qualities of life.

The month of July is very important at the Barron home as my wife, Marlene, and I celebrate our birthdays with our lovely family. It is so special now for us as our two little grandsons assist us with the unwrapping of our gifts and the look of excitement on their little faces is heart-warming. Loving and supportive family life is one of the most precious things you could ever wish for. Family isn't only special, it is everything.

We are very honoured to share our birthdays with the Toowoomba Hospice whose birthday is also in July. Like the Barrons, the Hospice is very fortunate to have a great loving, caring family consisting of staff, volunteers, friends and many supporters. The financial and spiritual support we receive is the greatest gift the Hospice could ever ask for. In return, our entire team offers gifts of love, care and dignity to our clients, families and friends. And again, Family isn't only special, it is everything. Since our opening on the 1st July 2003, we have provided very professional palliative care and support to over 1,460 clients

and their families. I wish to acknowledge our Director of Nursing, Eugenie Corbett, our dedicated nursing staff, and the Pastoral Care team for their contribution in ensuring that this very high quality of care is provided.

As you can appreciate, this care comes at a cost and it is important that we continue to network and make sure that we gain our share of the very competitive charity dollar. We are currently in the middle of our major yearly fundraising events and as Mark Munro and his team of staff and volunteers know, a lot of planning and hard work go into conducting these events. A big thank you to Mark and his team for their ongoing contribution.

While the Toowoomba Hospice continues to receive numerous accolades, I often stop and think if it had not been for Brigidine Nun and our Founder Sr. Frances Flint's vision, this would not be the case. On the 28th August, it will be seven years since we lost our dear friend, Sr. Frances. We all have fond memories of her, and I know she would be looking down on us, very pleased that we are successfully continuing with her ministry, providing professional palliative and respite care for the terminally ill.



In conclusion, I thank everyone for their ongoing support of the Toowoomba Hospice and we look forward to many more years.

Until next time.

Graham

A Barron family birthday selfie

(and yes, the Broncos did win!)

Mark Munro Administration and Fundraising Manager



Wow! What a bloomin' good turnout at this year's Camellia Show and Garden Expo!

It's a huge task in organising an event of that scale; especially in the lead up, during and after the event! Tasks such as camellia cutting and displaying, setting up marquees and tents, managing the exhibitors, looking after the speakers, entertainers, advertising, coordinating volunteers, erecting signs and manning stalls are just some of the activities that happened throughout the event. To all who were involved in any way, THANK YOU!

Once we get all the bills paid etc. I will be able to let you know how much we raised in our next edition of the Hospice Newsletter. If you have any comments/suggestions on the event, please feel free to email them to events@toowoombahospice.org.au and we will take

them on board at our up and coming Camellia Show working committee meetings.

I am delighted to announce the tickets are now on sale for the Neil Mansell Transport Charity Race Day in aid of the Toowoomba Hospice. Jump online and book your tickets now at <https://toowoombatickets.com.au/event/9816>

NB: if you are not comfortable with booking online, please call the office and we can do it for you (we will require your name, phone number, credit card details, expiry date, CCV number and your email address). Please call the office 07 4659 8500 and ask for me, Jodie or Sharene! Until next time, stay happy and keep on Putting the FUN back into FUNdraising!

Mark



Year 10 Clontarf Boys from Harristown State High School

THANK YOU
Volunteers!
We couldn't do it without you

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P O Box 6463 Clifford Gardens Qld 4350
T: 07 4659 8500 Fax: 07 4659 8511
www.toowoombahospice.org.au
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Eugenie Corbett Director of Nursing

"Living well is a daily choice. Dying well takes planning and community support. Excellent palliative care has never been as critical." Palliative Care Queensland (PCQ)

Delivering continued specialised palliative care at the Toowoomba Hospice, for over 16 years, would not have been possible without the continued support from the community; financial support provided by Queensland Health, PHN, private health funds, Department of Veterans Affairs and various individual and community groups.

Vital day-to-day operations are provided by the administrative and fundraising team, pastoral care team, volunteers and the clinical team; in no specific order of importance. Governance is provided by the management committee members who oversee the various subcommittees



INDIVIDUAL COMMITMENT

To provide and coordinate excellent compassionate palliative care requires a dedicated team. To provide care that supports the goals of the individual clients and their loved ones, and to meet their physical, spiritual and emotional needs, requires 24-hour clinical care. This is provided by our Medical Advisory and Credentialing Team, credentialed doctors and nursing team. We network with palliative care multidisciplinary team members (private and public), and the Clinical Nurse and I attend the Palliative Care Outreach Program meetings held weekly at the Toowoomba Hospital.

"Individual commitment to a group effort-- that is what makes a team work, a company work, a society work, a civilization work." —Vince Lombardi

The Toowoomba Hospice nurses provide evidence-based, patient-centred, culturally sensitive palliative care. Currently we have a team of 16 permanent and casual Registered Nurses (including the Clinical Nurse and myself), an 14 permanent and casual personal care assistants, covering 3 shifts per 24-hour day. Four of our Registered Nurses (including myself) provide additional after-hours on-call clinical support to the nurses.

The nurses represent varied cultural and ethnic groups and have nursing experience from 4 years to more than 45 years. We are dedicated to our currency of practice to meet mandatory, legislative and national requirements. We work within our scope of practice, which "is dynamic and responsive to changing health needs, knowledge development and technological advances" (International Council of Nurses 2003).

We meet our professional goals to continually improve our professional knowledge and expertise. Our networking with various hospitals and professional organisations provides opportunities to achieve these goals.

Recently we had the privilege of hosting two educational sessions: "Connecting End of Life Care", a CELC DDWM project administered by PCQ and supported by funding from the Darling Downs West Moreton PHN, through the Australian Government's PHN Program. One of the two sessions our staff attended was "identifying goals of care for people with palliative care needs".

The role of the Registered nurse is to identify these goals, from pre-admission to discharge continually throughout care. These goals or choices are also supported by individual advanced health directives or statement of choices. We advocate and care for the clients according to these goals so that they can spend the rest of their life with "Boundless love and Dedicated care".

Eugenie

Sharene Gosley Volunteer Coordinator



It's been a busy time for the Hospice in recent weeks.

We had heaps of fun at our Hospice Trivia night at the City Bowls Club. Apologies to my team for being no help to them at all, but we had lots of laughs, so that has to count for something, right???? Thanks so much to Rod and Cidinha, Marlene and Graham, and Ray P. for assisting so well on the night. And of course to the team at the City Bowls Club for always being so helpful and generous to us, and to our expert Quiz Master, Graham Healy, for running the night so smoothly. Big thanks to you all.

We "couldn't stop the music" at the Municipal Band concerts at the USQ Artsworx Theatre recently, celebrating all things French on Bastille Day. Thank you to everyone who came and supported this event, and to our refreshment servers, Malcolm, Lynette, Rod, Cidinha, Margaret, Chrissy, Leeann and Claire, for keeping the tea and coffee flowing for the audience.

We enjoyed all things gardening and camellia at the recent Camellia Show and Garden Expo. Blessed with perfect weather, it was a glorious weekend to be out in the fresh air. There are honestly too many people to list. It takes so many hands to put together such a huge event, and we wish to say a HUGE thank you to everyone involved, whether you were a member of the working committee, someone who helped with the setting up, picked camellias, made sandwiches or crafts for us to sell, sold raffle tickets, arranged flowers, filled vases, helped put up signs, directed traffic, donated produce, or manned a stall. Thank you, thank you, thank you. It wouldn't have come together so well without your input.

Congratulations to all of our lucky winners in the Camellia Show Multi-draw raffle. There were some great prizes and we thank all those who donated or collected items for our raffle. Thanks to our expert raffle prize wrapper, Barb, for putting all the prizes together and making them look so lovely.

Recently we had several students from the Clontarf Foundation at Harristown State High School visit us to assist with some gardening tasks in the back yard. We thank them for their help, and they hope to be back again soon. These students opted to come to the Hospice to do some volunteering instead of doing a sports class. We thank them so much for being willing to help. It's great to see young people developing a culture of generosity and kindness in their communities. Well-done boys!

Soon we will have our wheelbarrow on display in reception and looking to fill it with goodies to raffle off at our Race Day in September. If you can help, please drop your donations into the reception. Suggested items would be: chocolates, nuts, crackers, biscuits, beer, wine, ciders, juice, soft drinks, relishes, tinned fruit, party foods, or any other non-perishables. Thanks in advance.

Until next time! *Sharene*



August

Josh, Paul, Maria, Beth P., Margaret, Lyn, Donna, Dorothy, Barb, Kevin, Thea, Dave, Dianne, Eve, Marilyn, Lynette.

September

Kath, Karolline, Doug, Cheryl, Carolyn, Tricia



Sue Thönell Pastoral Care Coordinator

Yesterday - all my troubles seemed so far away. Who doesn't recognise those words as one of the Beatles' songs released in 1965. According to the recent movie, 'YESTERDAY', a large number of the world's population were born after 1990. A good reminder that time marches on and each one of us is a product of our past, the world and the time that we grew up in. In the present, we are constantly encountering changes. What we take for granted as the only way is being challenged. We adapt to new ideas, new systems and marvel at the ability and innovation of the post-1990

generation. Our past is just that - 'our past'. It is not the present or future of the next generation.

Here at Hospice, we are privileged to share the stories of our clients - their Yesterday. An important aspect of our care is to honour their past, to reflect and explore the people, places and events that have shaped their lives. To acknowledge their uniqueness and the gifts they leave for their loved ones. To die with dignity and peace knowing 'it is finished'.
— John 19:30

Sue

2019 upcoming events

Not to be missed

SEPTEMBER

- Sept 7th
Neil Mansell
Transport Charity
Race Day

OCTOBER

- Oct 27th Jazz
Breakfast at the
DownsSteam
Railway

NOVEMBER

- 5th Melbourne Cup
Lunch, Cafe Valetta
- 16th Hospice Wine
Tour
- 24th Hospice Carols

DECEMBER

- 7th - 24th
Toowoomba's
Christmas
Wonderland

ALL YEAR

- Adopt A Room
- Hospice Giving Program
- Trash Ya Hair for Hospice Care
- In lieu of presents/gifts at a
celebration, donate to us!

PLEASE CHECK OUT OUR WEBSITE AND FACEBOOK
FOR MORE INFORMATION ON THE ABOVE EVENTS
AND OTHER EVENTS AS THEY ARISE.

www.toowoombahospice.org.au

OR CONTACT 07 4659 8500. IF YOU WOULD LIKE TO
RUN AN EVENT FOR THE TOOWOOMBA HOSPICE:

events@toowoombahospice.org.au



TOOWOOMBA HOSPICE

Boundless Love Dedicated Care

Camellia Show



Crafts for sale



Multi-Draw Raffle Prizes

YES, Reserve my Ticket!

Spring into the Spring Racing Carnival with the

Neil Mansell Transport Charity Race Day 7th September 2019



Clive Berghofer Grande Atrium
Clifford Park Race Course
3.30pm until late

- Entry to the Races
- A Complimentary Drink & Canapés
- A Delicious 2-Course Plated Dinner (alternate drop)
- Prizes for Best Dressed Male, Female & Couple
- Charity & Silent Auctions
- Multi Draw Raffles

Book Now!

<https://toowoombatickets.com.au/event/9816>

For more information email
events@toowoombahospice.org.au
or call 07 46598500

Raising money for



Happy 16th Birthday

Toowoomba Hospice!

**Please donate
\$16 for 16 Years
of providing
Palliative Care to our Community...**

Go to www.givenow.com.au/hospice-16th-birthday

**'Roll out the Carpet'
16th Birthday Fundraiser!**

All monies raised will enable us to re-carpet the entire Hospice; so we can continue our mission to provide safe, quality care in partnership with the community for those with a terminal illness in a fresh and beautiful homelike environment.



Toowoomba Hospice Thermomix Raffle

\$25.00

only 200 tickets being sold!

<https://toowoombahospicethermomixtm6raffle.floktu.com>



Tickets are now on Sale

<https://toowoombahospicethermomixtm6raffle.floktu.com>
Drawn: August 30, 2019 11:00am at Toowoomba Hospice

Putting the FUN back into FUNdraising...

A snapshot of information to
keep you 'in the know'!

The Fun of Fundraising

PICTURE PAGE



Centenary Heights State High School
Student Leaders (Emily, Emily, Andrew, Mitchell) visit Hospice for a tour.



St. Vincent's Hospital Nurses raising money by having a Free Dress Day.



Cambooya Campdraft Treasurer, Lynelle Corbould, Graham Barron and Cambooya Campdraft President, Stewart Craig, are enjoying the beautiful sunshine in the Hospice garden.



Toowoomba Municipal Band Concerts July 2019 at USQ
Volunteers serving refreshments, Leeann, Claire and Cidinha.



Toowoomba Camellia Show and Garden Expo 2019
Con the Fruiterer (aka Brian Shackleton) selling produce.

STAY IN TOUCH!

TOOWOOMBA HOSPICE ASSOCIATION INC.

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