

Volunteer Coordinator

Sharene Gosley



Hello everyone and welcome to our first newsletter for 2017.

Firstly, a huge thank you to all the volunteers who helped make our first **Shopping centre promotion** of the year a big success. We appreciate all your efforts in making these fundraisers successful.

Garage Sale – One of our lovely volunteers has once again offered to host a garage sale at her home on the 10th, 11th & 12th of February, if you have any items to donate please let me know. All proceeds to the Hospice. Thanks Barb & Brian for hosting this at your home once again.

Volunteer ID badges are being updated at present. Please see me for your new badge. Weekend and evening volunteers—please look for yours in the sign-in book at the Nurses station.

Volunteer quarterly meetings will be held during the last week in February. Please look out for the flyers and take note of your group's meeting time. We would love to have your input at the meetings. If you are unable to attend but have something you would like discussed, please call or email me prior to the meeting.

More volunteers are needed...The start of the year always sees changes in the lives of our volunteers. Some move away, some go back to work and some take up positions elsewhere. This means we need people to replace them. Please share the work of the Hospice and your experience here as a volunteer, with your friends, relatives, neighbours or even someone you meet at the bus-stop. Your recommendation is by far our greatest asset in terms of advertising for new volunteers. Our greatest area of need at present is in the kitchen, preparing meals for our clients. If you know of someone who may be interested, please ask them to give me a call or send me an email. I would be only too happy to chat with them.

I trust 2017 will be a great year for everyone and I look forward to working with you all again this year.

Sharene

Pastoral Care

Sue Thönell



As I sit writing this I think of all the little people out there in Toowoomba who started school recently for the first time. The excitement, apprehension, expectation and in some cases fear of the unknown. How do we reassure them? What role models do we want to be? What is the greatest gift we can give them?

Today as I hear the local, national and international news I am reminded of how often I have experienced excitement, apprehension, expectation and fear when my circumstances have changed and I have had to start again stepping out into the unknown. What I have learnt and what has helped is not to be afraid to ask for help, to express my feelings and to be honest with myself. My message to you all is: **'The world is full of good people. If you can't find one be one.'**

Sue



February
2017

TOOWOOMBA HOSPICE
ASSOCIATION INC

February is the only month of the calendar that, once every six years and twice every 11 years consecutively, either back into the past or forward into the future, will have four full 7-day weeks. In countries that start their week on a Sunday, it occurs in a common year starting on Thursday, with the next occurrence in 2026, and previous occurrences in 2015 (11 years earlier than 2026), 2009 (6 years earlier than 2015), 1998 (11 years earlier than 2009) and 1987 (11 years earlier than 1998). This works unless the pattern is broken by a skipped leap year, but no leap year has been skipped since 1900 and no others will be skipped until 2100.

Wikipedia

Clear? Editor

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Contributors:

- Graham Barron OAM Chairman
- Allison Leech, Director of Nursing
- Sharene Gosley, Volunteer Coordinator
- Mark Munro, Administration & Fundraising Manager
- Sue Thönnell, Pastoral Care Coordinator

Editor Janice Swannell

Toowoomba Hospice



Chairman - Graham Barron

Hi! And welcome to February 2017! I trust the year is looking promising for you and yours!

The 2017 year has started on a high with two of the Hospice team receiving Australia Day awards for their contribution to the Toowoomba Hospice and the community. Margaret Green was awarded the Toowoomba Senior Citizen of the Year and Katie Rae was awarded the Toowoomba Young Citizen of the Year. Congratulations to Margaret and Katie!



All good things come to those who wait! YES! We have received official confirmation of the Toowoomba Hospice achieving accreditation for a further four years! The framed certificate will hang with pride in Reception. Thanks to everyone for their involvement in this achievement. While this is an outstanding result, we have now to look positively to the future and assure that we go from strength to strength.

WATCH THIS SPACE!

Also, as the year progresses along, so do our social and fundraising events. Mark is currently on a much deserved holiday and I know he will be looking forward to your ongoing support on his return.

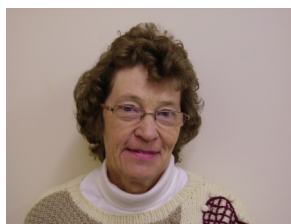
In conclusion, sincere thanks for your ongoing support and I am looking forward to a very positive 2017!

Until next time, best wishes!

Two Special Volunteers

Margaret Green and Katie Rae

Congratulations to you both on your awards





PUTTING THE FUN IN FUNdraISING

Coming Events

Thurs 17th March
(St Patricks Day)
Pot Luck Lunch
Volunteers & Staff

Sat 25th March
Masquerade Ball

8th April
Trivia Night

4th May
Mother's Day
High Tea

26th May
International
Palliative Care
Week Breakfast



Administration and Fundraising

Mark Munro

Happy New Year to you all!

Our 2017 Adopt a Room Campaign is up and running and I have seven rooms (\$4,000 each) that need adopting. I am calling for your support in helping the Hospice to sell these remaining rooms. If you know of anyone or any organisation that might be interested, please let me or Jodie know! I must say thank you to those who continually support this fundraising campaign as it annually brings in just over \$76,000 for us!

Talking about fundraising...if you, or someone you know, would like to run an event raising money for the Hospice, please let me know as we can put it on our NEW web site and try to promote it for you.

Just before Christmas we had a few wonderful businesses and groups make donations to help the clients of the Hospice celebrate the festive season.

I would like to thank Betros Bros, who donated all the salad items, and Preston Peak Wines, who made the salads for Christmas Day lunch, and all the volunteers and supporters who donated other goodies like the ham, sweets and their time to set up the tables and serve. THANK YOU!

Finally, I would like to congratulate two of our volunteers on receiving Australia Day awards for 2017. Miss Katie Rae (one of our younger fundraising volunteers) who also happens to be a staff member, received the 'Toowoomba Australia Day Young Citizen of the Year award' and Margaret Green who received the 'Senior citizen of the year award'. I can remember when I received my young citizen of the year award on Australia Day 1992 for Cairns and how excited I was, as were my family and friends! I am sure Katie and Margaret will be feeling the same.... Congratulations to you both, we are all very proud of you!

Mark



Denise Benn and Terry Parker spend a great deal of their time collecting donations in local shopping centres for the Hospice. We are very grateful to all the fundraising volunteers who spend their time raising essential funds for us!

Director of Nursing

Allison Leech

Christmas and New Year has been and gone for another year – I hope that you were able to appreciate the Season.

The Hospice spent a lovely Christmas, with a delicious lunch provided for the clients and their families. A special Thank-You to those staff and volunteers who came along to help with the preparation, serving and the cleaning up.

One Hospice activity that you may not be aware of is our support for students.

Nursing students attend clinical placements at the Hospice during their studies. We host Registered Nursing students from the USQ, Enrolled Nursing students from TAFE, and some students undertaking Cert 3 Aged Care studies through Registered Training Organisations.

We also have Medical students from the University of Queensland Rural Clinical School attend the Hospice for a tour and discussion of palliative and hospice care.

One other area that we offer student support is by employing (where possible) undergraduate student nurses to work as casual PCAs within the Hospice, to help them with the skills needed in their future work as Registered Nurses in a variety of settings.



We currently have 2 students working for us – and are very proud that they have been featured in the USQ Nursing Program advertising. It is a delight to have Aaron and Katie working with us, and gives us hope for the future of the nursing profession.

One day we may all need the care of these future nurses, and it is good to know that the Hospice is doing what it can to ensure that there are going to be caring nurses to look after us.

Allison

Volunteer meetings

Reception	Monday 20 th February @ 11:00 am
Kitchen	Monday 20 th February @ 10:00 am
Gardening/Maintenance	Tuesday 21 st February @ 9:00am
Housekeeping	Wednesday 22 nd February @ 11:00 am
Courier	Wednesday 22 nd February @ 9:00 am
Flowers	Tuesday 21 st February @ 10:00 am
Fundraising	Thursday 23 rd February @ 10:00 am



