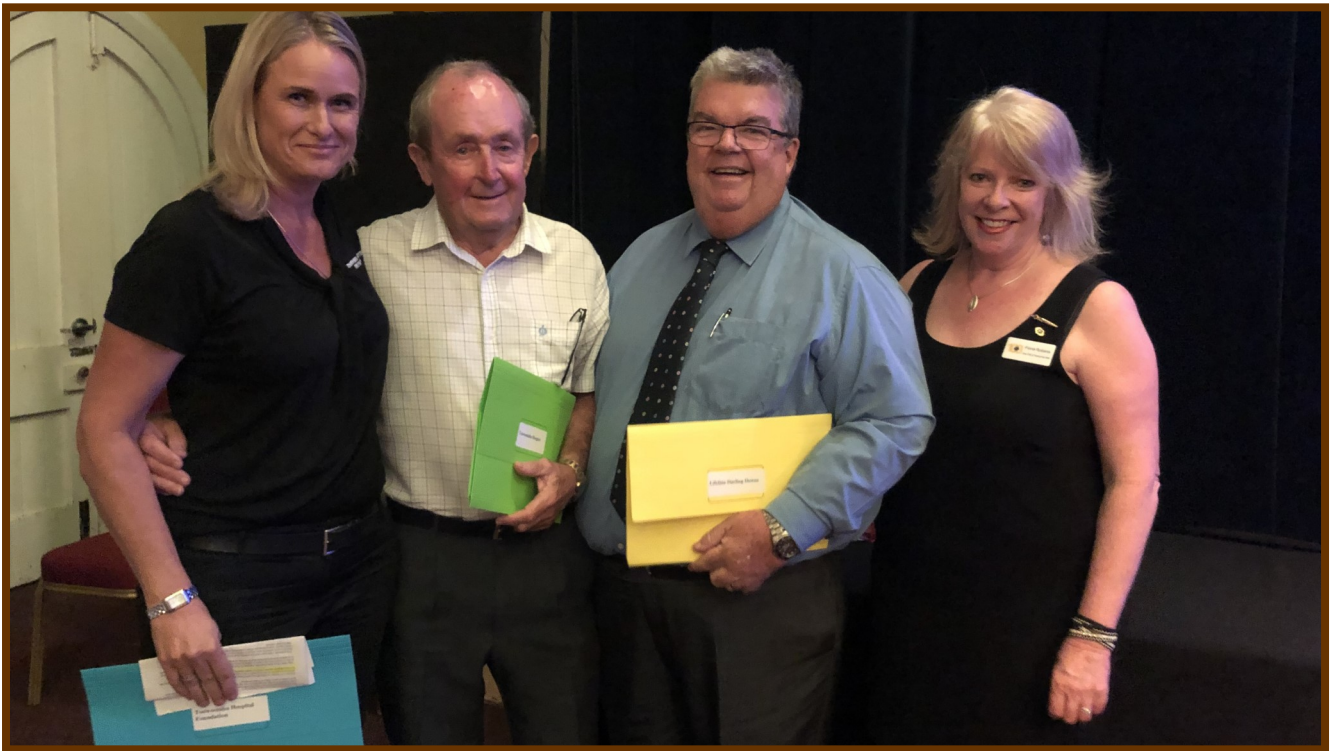


# TOOWOOMBA HOSPICE NEWS

*APRIL – MAY 2019*

## **Thank you Toowoomba's Christmas Wonderland!**



The wishing wells have been emptied and the gold coins counted. We're super excited to announce that the 2018 Toowoomba's Christmas Wonderland raised an incredible \$87,500! Along with Lifeline Darling Downs and South West Qld and Toowoomba Hospital Foundation we each received \$27,500 with the remaining \$5,000 being shared amongst other community groups. The organisers, Lions Club of Toowoomba West, are to be congratulated on another wonderful and successful community event. We would like to say thank you to all those involved from sponsors, volunteers and you, the Toowoomba Community, for supporting this wonderful event. The money we received will be used towards our on going costs so we can continue providing quality palliative care based on mutual respect, trust and individual needs.



# IN APPRECIATION

**Graham Barron OAM**  
**Chairman**

Hi and welcome to the Autumn edition of the Toowoomba Hospice News (note the new name). With the first quarter of 2019 passed, we have now well and truly entered into the peak time of our fundraising and social events. If you can assist, attend or support, please contact the office.

The role of the Management Committee is both challenging and rewarding as we continue to provide good sound governance. We recently held our Annual Strategic Planning day where we met with our management staff to plan for 2019 and beyond. These days are very beneficial and essential for the ongoing successful functioning of the Toowoomba Hospice.

As you would be aware, we appointed a new Director of Nursing in November 2018 in Eugenie Corbett who is doing a great job. I would like to thank all our staff and volunteers who have supported her in settling into her new role. I would also like to acknowledge Carolyn Schultz who has been appointed our Clinical Nurse. Both Eugenie and Carolyn are working closely with our professional nursing staff and the pastoral care team ensuring that our clients and families receive the very best of care and support. I also thank Mark and his staff for their commitment to the day-to-day functioning of the Hospice.

We recently had a visit from Queensland Health to have discussions on our service agreement for the next four years. They were pleased with our past performances and there will be no problems with the renewal.

I wish everyone a very Blessed and Happy Easter and please enjoy good quality time with your family as Marlene and I plan to do.

Until next time. *Regards Graham*

News travels fast... Last month we were delighted to receive a cheque from the Toowoomba Prostate Cancer Support Group who heard we had received six new beds recently so they contacted our Chairman Graham to see if we would like some new linen to go with them. Doug and Paul are pictured with our Chairman Graham and Clinical Nurse Carolyn. Thank you!

The Toowoomba Prostate Cancer Support Group meets at St Anthony's Community Centre, 3 Memory Street, Harristown QLD 4350 on the third Tuesday of the month - 5.30pm for 6.00pm meeting. The Group's aims are to help each other, discuss shared experiences and learn more about the disease and how to manage it.







## Mark Munro Administration and Fundraising Manager

Hello and welcome to Hospice News. In this edition I want to talk about Bequests...

### What is a bequest?

A bequest is simply a distribution from your estate to an organisation through your last Will and Testament.

You may wish to make your bequest to the Toowoomba Hospice in the following ways...

#### The Residue:

When you have provided for your family and friends you may wish to leave the residuary estate (what is left) to the Toowoomba Hospice.

#### A Percentage:

You may decide to share your estate between a number of people and charitable organisations. Stating a percentage for each one allows for inflation or possible changes in your estate.

#### A Specific Bequest:

You may wish to state a specific sum of money, and for a specific purpose.

#### A Bequest of Property or an Asset:

You may also wish to leave property, works of art or other assets from your estate.

We recommend that you seek the advice of an independent solicitor or qualified legal advisor before making or revising your Will. You should also seek qualified advice before choosing executors to administer your estate.

The ability of the Toowoomba Hospice to meet the challenges of providing quality palliative and respite care for the community in the years ahead depends very much on the generosity of people like you. Your bequest will be a lasting gift to our community.

Please take some time to consider making a bequest or gift to the Toowoomba Hospice.

*Mark*



Graham and I were delighted when we received a call from Rotary Toowoomba East letting us know the Hospice is this year's beneficiary for their annual charity golf day in May. We are pictured with Rotary's John Liley, and Ivan Walls who is a sponsor (Alpine Refrigeration). Please call the Hospice for more information on the event or sponsorship opportunities.



## **Eugenie Corbett**

### **Director of Nursing**

The Greek Philosopher Heraclitus was famous for his insistence on ever-present change as being the fundamental essence of the Universe. He stated, “no man ever steps in the same river twice”. In the Southern Hemisphere we have officially entered the Autumn season. It is a time that reminds us that there is change in our surroundings as the air becomes crisp and the leaves start to change colour.

At the Toowoomba Hospice new mysteries unfold daily, and new challenges present themselves.

Acceptance of these changes enables us as individuals and as an organisation to increase our capacity to grow. One change which affected the hospice family was the sudden death of one of our Registered Nurses. In a workplace where we are trained to support clients and their families in their grief journey, it is very real when it is a colleague. I was very grateful for the support we have had from our pastoral care team in walking alongside the nurses in this journey.



Autumn is also a time of self-reflection which coincides well with the commencement of the annual performance reviews of administration, pastoral and clinical staff. It is a time what the Hospice management and staff set goals for continuing education and improvement in performance; and evaluating how the Hospice can improve processes to support staff. Currently our HR consultant is assisting us in updating all our forms, policies and procedures related to HR, one of which is the annual review process.

We also had our medical advisory and credentialing meeting, supported by various general practitioners, a pharmacist and two specialists. They provide the Hospice with invaluable clinical support and ensure we meet legislative and current evidenced-based practice. They also support the Hospice in maintaining the credentialing of all our doctors who care for patients who are admitted from hospital or the community.

*Eugenie*



## **Pastoral Care**

### **Coordinator**

**Sue Thönnell**

*Approach everyone you meet as an individual with dignity and a life as complicated and mysterious as your own. Discard preconceptions and suspend, even for a moment, the idea that you ‘know this type’.*

*Do these things and perhaps you might learn the most important lesson that love can teach us: that each person is worthy of our love simply because they are human, one of God’s unique creations, and begin from there. – Leo Buscaglia.*

*The measure of man’s humanity is the extent and intensity of his love for mankind. – Ashley Montagu.*

*Sue*



## Sharene Gosley Volunteer Coordinator



Well here we are already, our second newsletter for 2019.

It's been a busy start to the year. We've already held two volunteer information sessions and have added several new volunteers to our team in recent weeks.

Welcome to Jenny, Katrina, Glenn, Jodie and Narelle who have all joined us recently.

Jodie and Jenny will be helping out in the kitchen, Glenn will be at the Nurses station reception, Katrina will be helping with events and fundraising, and Narelle will be helping with flower arranging. Please stop and say "Hi" if you see someone new and make them feel welcome.

Thanks to everyone who came along to our St Patrick's Day Pot Luck Lunch. It was lovely to spend time in a relaxed and fun setting. Thanks to everyone who helped set-up and clean up afterwards. And congratulations to all the winners of our major prizes in our St Paddy's Day Bingo; you must all be over the moon with your fabulous prizes. Hehehe



Help is needed to fill shifts at our upcoming shopping centre promotions in April. On the 15th of April we will be at Northpoint, 16th at The Ridge Shopping Centre, and on the 17th at Kmart Plaza. Please see me if you would like to help. We will be selling tickets in our Big Easter Raffle at the shopping centres. Make sure you grab your tickets. They are available now from reception or the Nurses station for \$2 a ticket or 3 for \$5. The raffle will be drawn on Thursday the 18th of April.

I am looking forward to a break away in May for a couple of weeks. My husband and I will be spending time with our daughter who is living in Tasmania, and will be there to celebrate her 21st Birthday. Please go easy on Mark and Jodie whilst I'm away.

# Thank You

**Volunteers Joan and Cidinha helped promote our service at a recent community event where we had an information stand.**



*Sharene*

**Best wishes to the following people who are celebrating birthdays during :-**

**April** - Perry, Maree, Natasha A, Jodie S, Fran, Jan H, Ian, Michael

**May** - Richard, Pat Mc, Simon, Jodie T, Eugenie, Sue P, Cidinha, Toby, Katrina



*Happy Birthday to you all!*

# SALE

**We have wool for sale at \$4 a bag. Grab yourself a bargain. See reception if you're interested.**

**2019**

## **Upcoming Events not to be missed**

**Come and join us!**

**April 5<sup>th</sup>** - Hang Ya Boss Out To Dry

**April 14<sup>th</sup>** - Mt Tamborine Bus trip

**May 8<sup>th</sup>** - Mother's Day High Tea - Gip's

**May 24<sup>th</sup>** - National Palliative Care Week Breakfast

**July 5<sup>th</sup>** - Trivia Night - Toowoomba City Bowls Club

**July 14<sup>th</sup>** - Municipal Band and Hospice Yearly Concert @ USQ Arts Theatre

**July** - 16<sup>th</sup> Birthday Fundraiser

**July 20<sup>th</sup> and 21<sup>st</sup>** - Camellia Show and Garden Expo

**September 7<sup>th</sup>** - Hospice Annual Race Day

**October 27<sup>th</sup>** - Jazz Breakfast at the Downs Steam Railway

**November 5<sup>th</sup>** - Melbourne Cup Lunch - Café Valetta

**November 16<sup>th</sup>** - Hospice Wine Tour

**November 24<sup>th</sup>** - Hospice Carols

**December 7<sup>th</sup> - 24<sup>th</sup>** Toowoomba's Christmas Wonderland

**All Year** - Adopt A Room

**All Year** - Hospice Giving Program

**All Year** - Trash Ya Hair for Hospice Care

**All Year** - In lieu of presents/gifts at a celebration, donate to us!



**PLEASE check our Website and Facebook for more information on the above events and other events as they arise.**

**[www.toowoombahospice.org.au](http://www.toowoombahospice.org.au) OR Contact 07 4659 8500 if you would like to run an event for the Toowoomba Hospice...**

**[events@toowoombahospice.org.au](mailto:events@toowoombahospice.org.au)**

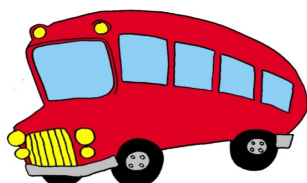
# Have you booked...

RESERVE YOUR  
TICKETS NOW

## Mt Tamborine Bus Trip Sunday 14th April 2019

**Visiting:** Tamborine Mountain Country Markets  
& Town Centre

**Price:** \$35 per person (coach travel only)  
**Tickets:** Toowoomba Hospice 46598500 or  
events@toowoombahospice.org.au  
**Depart:** 7.00am Hospice (57b O'Quinn St)  
**Pick up:** 7.15am Range Shopping Centre  
**Return:** 6pm (approximately)



Enjoy a day out with your friends & help  
raise funds for the Toowoomba Hospice



## Toowoomba Hospice Mother's Day High Tea

Wednesday 8th May 2019

9.45am til 11.30am

at Gip's Restaurant

(120 Russell Street Toowoomba)

Cost: \$45 per person

Bookings: Gip's Restaurant 07 4638 3588

by Friday 3rd May 2019

## National Palliative Care Week Breakfast Friday 24th May 2019

Help us celebrate National Palliative Care Week

At Gip's Restaurant 120 Russell Street Toowoomba

for a sumptuous buffet breakfast

6.45am for a 7am start

Cost is \$45 per person with proceeds

going to the Toowoomba Hospice

Our Guest Speaker is yet to be confirmed

Bookings are to be made by contacting Gip's Restaurant

on 07 4638 3588 by Tuesday 21<sup>st</sup> May 2019



Toowoomba Hospice...

## Trivia Night

Quiz Master: Mr Graham Healy

Entry: \$15 per person

6 people per team

(Limited to 12 teams)

Bookings: 07 46598500 or email  
[events@toowoombahospice.org.au](mailto:events@toowoombahospice.org.au)

Where: Toowoomba City Bowls Club

Victoria Street Toowoomba

When: Friday 5<sup>th</sup> July 2019

6.30pm for 7.00pm start

\*BYO light Supper for your table to share

\*\*Tea/Coffee will be provided



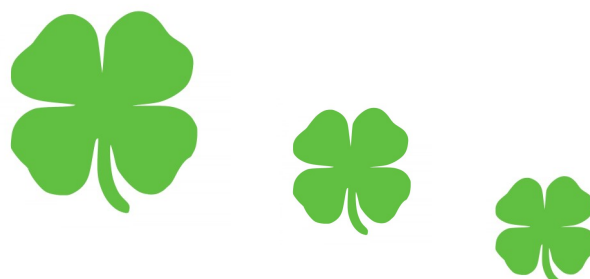
\*\*\*Why not come early and have a few  
drinks as the bar will be open!

P.S. Bring your \$5.00 notes to bribe the Adjudicator  
and some gold coins for our Lucky Number Boards...putting  
the FUN back into FUNdraising!



**P Page**

# **St Paddy's Pot Luck Lunch!**



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**57B O'Quinn Street Toowoomba**  
**PO Box 6463 Clifford Gardens Qld 4350**  
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**[info@toowoombahospice.org.au](mailto:info@toowoombahospice.org.au)**

