

Toowoomba Hospice Association Inc

NEWSLETTER

FEBRUARY – MARCH 2019

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**Thank you 2018 &
Yes please 2019!**



**Toowoomba Golden West Caravan Club
recently joined us for morning tea & tour
of the Hospice when they popped in to
make their annual donation...Thank you!**



IN APPRECIATION

Graham Barron OAM
Chairman

Hi and welcome to the first newsletter for 2019. I hope everyone spent some quality time with their loved ones over the holiday period; Marlene and I certainly did.

As I prepare my newsletter article I am sitting on the balcony of a holiday unit at Burleigh Heads thinking of topics to mention. The first thing that comes to mind is the ongoing professional palliative care we continue to provide, to in excess of 1400 clients since opening our doors on the 1st July 2003. As you know I have been Chairman for 21 years and I have known many people who have spent their last moments with us with total love, care and dignity. I very recently experienced the loss of a long-time friend of Marlene and I who, with his wife, have been great supporters of the Toowoomba Hospice. When I visited him he gave me the most sincere, firmest handshake you could ever wish for and thanked us for allowing him to spend time with us. His family is very impressed with the care we provided and the support given to them during his time in the Hospice. The team at the Hospice is privileged to be able to provide this care in a home like environment.

Thanks Eugenie and the team for your outstanding and caring contribution.

As the 2019 year begins to roll along Mark and the team are very busy planning our fundraising and social activities which are very important enabling us to achieve the \$1.7 million required to operate our facility. If you can assist in any way I am sure Mark would love to hear from you.

I am happy to advise that we have received the final report on our Periodic Review from ACHS confirming the continuation of our accreditation. Also we had a visit from Queensland Health in January inspecting our facility and examining our policies and procedures. They left very impressed with the Toowoomba Hospice.

I ask all our staff, volunteers and supporters to hold their heads high; you are all part of our success.

Until next time

Regards Graham

Graham officially congratulating and welcoming Eugenie on her appointment as Director of Nursing along with members of the Management Committee Staff and Volunteers.





Mark Munro Administration and Fundraising Manager

Hi everyone,

It's that time of year we start our search for Bosses and CEOs! This year's 'Hang Ya Boss Out To Dry' will be April 5th and is being hosted by joint winners of 2018 HYBOTD Steve from Metro Tiles Toowoomba and Naomi from Focus HR. Once again Triple M Darling Downs Breakfast with Lee will be broadcasting live from the event; Lions Club Wilsonton will be there selling their 'Big Breakfast Burgers'; and our good friends from the Coffee Cruiser will be there to get your energy started with a caffeine fix! I mustn't forget our great mates from Master Hire who donate the scissor lift and the cherry picker for the morning. What a great team of supporters we have - Thank you!

If we had 20 participants and they raised at least \$5,000 each that would be \$100,000 making this event a RECORD fundraiser for our wonderful Hospice...I can tell you we are worth every dollar. Please, if you can help recruit Bosses and CEOs, call Jodie or myself.

Until next time, keep smiling and keep putting the FUN back into FUNdraising with us...



Mark

Above: Winners Steve - Metro Tiles Toowoomba & Naomi - Focus HR ready to be Hung Out To Dry at last year's FUNdraiser - They will be hosting this year's major fundraiser for the Toowoomba Hospice!

Left: DC Advisory Group joined the Adopt A Room fundraising campaign for 2019.

We truly appreciate the support you all offer to our Fundraising.





Eugenie Corbett

Director of Nursing

Happy New Year. I do hope that our first newsletter for 2019 finds you well and that you had a wonderful Christmas holiday period, however you chose to observe it. I was personally blessed with a short visit from my sister and brother-in-law, from New Zealand. I had not seen my sister for more than 11 years. It is amazing how much we were able to fit into a few days.

I continue to be humbled by the generosity of our community. In the lead up to Christmas we were blessed with multiple gifts of Christmas treats and donations from a variety of community groups, organisations, businesses and individuals. On behalf of the Hospice Team I can't thank everyone enough for their support. A big thank you to the nurses and the volunteers who made Christmas special for our clients and their families over this period.

Prior to Christmas, we had a visit from two members of the State-wide Strategy for End of Life Care team. They were so impressed with our Hospice and volunteers that they have decided to profile one of our volunteers, Richard, in one of their upcoming newsletters.

In our previous newsletter, I shared with you our commitment to employ a Clinical Nurse. We are glad to welcome Carolyn to our team. We also welcome all new volunteers and staff who have joined our casual pool recently.

Many people make pledges, promises, or resolutions in the New Year. When I look ahead to this year, I reflect on Chuck Swindoll's comment: "We are all faced with a series of great opportunities brilliantly disguised as impossible situations." Entering the New Year, we do not know what challenges lie ahead but I encourage one and all to "be faithful in small things because it is in them that our strength lies". We can achieve so much more together. I know that as a Hospice team we can support our staff, volunteers, clients and their families during challenging times.

In the clinical area we had a visit from the Queensland Private Regulation Unit on the 16th of January. We commenced our regular networking meetings and internal subcommittee meetings in January. Our Management committee, key staff members and quality support consultant, are also preparing for our next Strategic Planning day in March.

Eugenie



Pastoral Care

Coordinator

Sue Thönnell

Having enjoyed a three week holiday visiting family in WA and NSW I have been reflecting on some of the experiences from our time away. While visiting the National Museum in Canberra I found the following quotes:

'Country is not just a place you can visit. It's also something you carry around inside you.' – Greg Lehman.

'Wherever I stand, I am standing on someone's country. Australia has many different countries, with diverse cultures and languages across our continent.' – Belinda Gibb, Darug.

As you travel around this vast Country you experience those differences. In worldly terms our states and territories are more like countries within a continent which happens to be an island. Let's honour those differences by acknowledging the 'country' we are standing on and accept our responsibility for its future and the well being of those who stand with us.

Sue

Sharene Gosley

Volunteer Coordinator



Hello everyone & welcome to our first newsletter for 2019.

By the time you read this, we will have already said goodbye to January, almost time to start Christmas shopping again....hehehe.

To start with I have to say thanks to lots of people. All those people who donated items towards our Christmas hampers, all those who bought tickets and those who sold tickets, especially the volunteers who worked at our shopping centre promotions in the week before Christmas. And of course, huge thanks to the lovely Barb Bissett, affectionately known as "Raffle Barb" who sorted items and wrapped all the hampers and also made and decorated the lovely Christmas cake as one of the prizes. We ended up with 11 wonderful prizes and had 11 very happy prize winners. The raffle raised an amazing \$2322.00 for the Hospice.

The start of a new year always brings with it changes. Sadly, we've had to say good bye to some of our volunteers recently as they have moved away, gained employment, retired or due to illness or family reasons have had to step back from their volunteering. We thank you for all you have done for the Hospice during your time with us and for the love and care that you have shown to our clients and their families and for the support you have given to the Hospice, we appreciate you all and you will be missed. Of course, these changes bring challenges to the volunteer roster. So if you know of someone who has been saying for years that they have been thinking about volunteering, encourage them to give me a call, I would love the opportunity to chat with them. Even if they can only spare a few hours once a fortnight, it all helps. Or invite them along to our next volunteer information session which is being held in the Board room on Wednesday the 20th of February at 9.30am till 11.30am.

We extend a big friendly welcome to Clare and Allison who have joined our volunteer team recently. We welcome you both and hope you enjoy your time with us. Both ladies will be helping out in the kitchen.

They are many other ways you can help the Hospice if you are short on time. Did you know we need items for our "crafty people" to make into saleable items to raise funds for the Hospice?

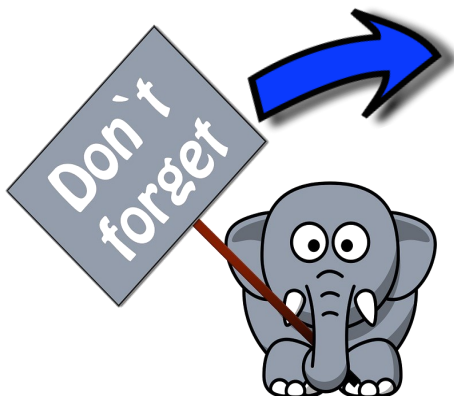
Things such as packets of 'new' wooden coat hangers, Christmas tea towels, Christmas materials (even small pieces of offcuts), 'new' towelling tea towels. Keep an eye out while you are out and about shopping and if you see any of the above on sale, you might like to gift some to the Hospice.

Or maybe you are one of those clever people who makes craft items. If so, and you have some time to spare perhaps you might consider making some items to gift to the Hospice to sell. Or do you enjoy baking? We are often needing people to make or bake items to sell at a stall or for an event - things such as slices, biscuits, jams, relish, scones or even sandwiches. Could you help a few times a year? If you would like to know more about how you can be involved, please give me a call on 4659 8500, I would love to chat with you.

Donations of items suitable for raffle prizes are always gratefully welcomed. Some suggestions of suitable items would be, men's items, tools, toiletries, gift vouchers for supermarkets or bottle shops. Big ticket items are also needed at various times of the year. Maybe consider donating a larger item, such as a BBQ or Bar fridge to be auctioned off at our Race Day to help raise funds. Please contact Mark or myself for suggestions of other suitable items.

Until next time, stay happy.

Sharene



Volunteer Meetings in February

Fri 1st – 10am Flowers

Mon 4th – 9.30am Courier

Wed 13th – 11am Kitchen

Thurs 14th – 10.30am Reception

Thurs 14th – 11.30am Housekeeping

Tues 19th – 9am Gardening & Maintenance

Thurs 21st – Fundraising

Hope to see you there!

2019

Upcoming Events not to be missed

Come and join us!

April 5th - Hang Ya Boss Out To Dry

May 8th - Mother's Day High Tea - Gips

May 24th - National Palliative Care Week Breakfast

June/July - Trivia Night - Toowoomba City Bowls Club

2019 - Municipal Band and Hospice Yearly Concert @ USQ Arts Theatre

July - 16th Birthday Fundraiser

July 20th & 21st - Camellia Show and Garden Expo

September 7th - Hospice Annual Race Day

October 27th - Jazz Breakfast at the Downs Steam Railway

November 5th - Melbourne Cup Lunch - Café Valetta

November 16th - Hospice Wine Tour

November 24th - Hospice Carols

December 7th - 24th Toowoomba's Christmas Wonderland

All Year - Adopt A Room

All Year - Hospice Giving Program

All Year - Trash Ya Hair for Hospice Care

All Year - in lieu of presents/gifts at a celebration, donate to us!



PLEASE check our Website and Facebook for more information on the above events and other events as they arise.

www.toowoombahospice.org.au OR Contact 07 4659 8500 if you would like to run an event for the Toowoomba Hospice...

events@toowoombahospice.org.au

Spotlight on Staff, Donors and Volunteers



Hi, my name is Carolyn. I have a passion for nursing and have been privileged to work in hospitals in Brisbane, Sydney and Toowoomba. As a midwife I enjoyed working in neonatal intensive care, birthing suites, and as a lactation consultant for many years. Still registered as a midwife, assisting with breastfeeding issues and post-natal immunisations. I have been blessed to work in nurse education roles within University campuses in QLD, a TAFE educator and a clinical facilitator for over 25 years. My love of nursing has seen me diversify my nursing in surgical, medical and intensive care. The past 4 years I have worked within the general practice setting as a nurse immuniser, chronic disease, veteran care and triage nurse. It has been quite a journey, but one which has been filled with many memories, tears and joy. I have a wonderful husband Ian, who has supported me through all of this as well as four amazing children. We live on a farm at Ravensbourne, and yes I do travel in every day and back for work. I have the privilege now to work at Toowoomba Hospice and pray that I may live up to the expectations of the Board, Eugenie and all the staff and volunteers. This is just the beginning of what I hope to be a very rewarding part of my journey. Looking forward to working with all of the team at Hospice and meeting new friends along the way.

Peace and Blessings, Carolyn Schultz - Clinical Nurse



Paul and Kath, two of our wonderful gardening volunteers, picked up some lovely plants from the James Family which have been replanted in the Hospice Gardens - Thank you...



Happy Birthday

Celebrating Birthdays in...

February: Suellen, Jeannie, Beth, Sr Una, David, Claire, Keith, Joan & Charles

March: Christine, Judy, Megan, Margaret, Bernadette, Brian, Gayle & Margie

Happy Birthday to you all!

We have bags of wool for sale at bargain prices, come and grab yourself a bargain.



P Page

Pictures, Profiles and Promotions



Here are a few
snaps from
**Community Clubs
& Organisations**
who have recently
supported the
Hospice.

thank you!



Masonic Council Darling Downs - New Hospice Beds

Camellia Show Committee - Hospice Care

Backyard Basement Op Shop Withcott - Adopted A Room

Toowoomba North Rotary - New Lounge for Hospice Area